

Client Intake Form - Massage

Name: _____ Telephone: _____ DOB: _____

Street Address, City, State, and Zip Code: _____

How were you referred? Friend/Relative Business Card Other: _____

General and Medical Information

Age: _____ Sex: Male Female Occupation: _____

Have you ever had a professional massage? Yes No If yes, how recently? _____

Check any of the following you experience:

- | | |
|---|--|
| <input type="checkbox"/> Ankle/Foot Pain | <input type="checkbox"/> Knee Pain |
| <input type="checkbox"/> Arm, Wrist, or Hand Pain | <input type="checkbox"/> Leg Pain |
| <input type="checkbox"/> Digestive Disturbance | <input type="checkbox"/> Lower Back Pain |
| <input type="checkbox"/> Headaches/Tension | <input type="checkbox"/> Neck Pain |
| <input type="checkbox"/> Hip Pain | <input type="checkbox"/> Shoulder Pain |
| <input type="checkbox"/> Jaw Pain (TMJ) | <input type="checkbox"/> Upper Back Pain |

Please explain any check conditions listed above and anything else you think your therapist should be aware of: _____

Do you have any allergies? Yes No If yes, please explain: _____

Can the Massage Therapist seek the advice of a physical therapist if there are any concerns? Yes No

Do you currently have any of the following?

- | | |
|---|--|
| <input type="checkbox"/> Aneurysm | <input type="checkbox"/> Hepatitis/HIV |
| <input type="checkbox"/> Artery/Vein Problems | <input type="checkbox"/> Hernias |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Artificial Joints/Limbs | <input type="checkbox"/> Inflammatory Disease |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Kidney/Bladder Issues |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Contagious Disease | <input type="checkbox"/> Numbness/Tingling |
| <input type="checkbox"/> Contagious Skin Conditions | <input type="checkbox"/> Open Sores/Wounds |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Epilepsy/ Seizures | <input type="checkbox"/> Respiratory Problems |
| <input type="checkbox"/> Fever | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Fractured Bones | <input type="checkbox"/> Skin Abnormalities |
| <input type="checkbox"/> Heart/Circulatory Disorder | <input type="checkbox"/> Vein/ Varicose Issues |

Are you very sensitive to touch or pressure in any area?
 Yes No Where?: _____

Do you have any other medical condition I should be aware of?
 Yes No Explain: _____

Conditions you take medications for and medication name:

Areas you would like the therapist to AVOID: _____

If a problem is recurring would you like a FREE 15-Minute consultation with a Physical Therapist? Yes No

Would you like to receive promotional discounts sent to you? Yes No Email: _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms; massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure and/or strokes can be adjusted to my level of comfort. I further understand that massage or bodywork should not be considered as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, physical therapist or other qualified medical specialist for any mental or physical ailment that I am aware of. I understand that massage/bodywork practitioners are not qualified to do anything said in the course of the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapist's part should I forget to do so. It is also understood that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Prepayment and Cancellation Policy:

Payment is to be paid in full at the time of completed service for all services rendered. We maintain a 24 hour cancellation policy for all massage appointments. Any cancellations made less than 24 hours prior to the appointment will accrue a \$25 service fee. We do understand that sometimes circumstances are out of your control; therefore, the first offense without 24 hours notice will not accrue the \$25 fee, and we will reschedule your massage. Any offense afterwards without at least 24 hours notice will be charged the \$25 mentioned above, and we will require all future massages to be prepaid.

Disclaimer: The therapist and/or business will not be held liable for any injury or condition that arises from application of massage despite completion of this form. The form is intended as an assessment tool only and serves as a guide for the application of massage not for medical treatment or medical assessment. Draping will be used during this session. Only the body area being worked on will be uncovered. Clients under the age of 18 must have a parent or legal guardian present to provide a signature for authorization for the therapeutic massage session.

Client Signature: _____ **Date:** _____

Therapist Signature: _____ **Date:** _____